




The Learning Table

智匯餐桌

LEARN. GROW. CONNECT. ALL IN JUST 30 MINUTES. 

Join us for bite-sized leadership conversation sessions packed with insights, tips, and discussions — all while you enjoy your lunch!

LXC Learning is a crossover between LamSquare and Carissimia. Two longtime trusted partners and dear friends working together to deliver bite-sized leadership conversations!

Join us for insights, practical tips, and meaningful discussions, all while you enjoy your lunch!

We aim to create a space for leaders to learn, grow, and spark change, one conversation at a time.

Get ready to pull up a chair at LXC The Learning Table!

1 Be a Stir!

1. Understand your role in the change process
2. Learn how to tap into your motivations
3. Recognise your approach to change

• Date: 6 June 2025 [SIGN ME UP!](#)

3 What if CHANGE is my best friend?

1. Understand resilience and the role of mindset
2. Learn strategies using the TEAM framework
3. Build team habits to navigate change

• Date: 20 June 2025 [SIGN ME UP!](#)

2 What if CHANGE is my enemy?

1. Understand how our brains perceive change
2. Identify common fears leaders face regarding change
3. Navigate change with the TEAM framework

• Date: 13 June 2025 [SIGN ME UP!](#)

4 People don't change, or do they?

1. Reflect on beliefs and mindsets regarding change
2. Utilize TEAM framework to manage change resistance
3. Recognize the impact of leaders on team dynamics

• Date: 27 June 2025 [SIGN ME UP!](#)



Time: 13:00 - 13:30 Learning Table Talk;
13:30 -13:45 Q&A / Sharing (optional).

Language: English

Deane Lam, [Lamsquare Consultant](#)

Deane drives efficiency and unlocks potential through organizational optimization, founded LamSquare in 2007.



Cara Steenstra, [Carissimia Consulting](#)

Cara advocates reintegrating emotions and behaviour for meaningful change, and has over 14 years of training experience.